



राज ऋषि भर्तृहरि मत्स्य विश्वविद्यालय, अलवर RAJ RISHI BHARTRIHARI MATSYA UNIVERSITY, ALWAR

SYLLABUS

M.A./M.Sc. Psychology (Annual Scheme)

Syllabus

1. M.A. / M.Sc. Previous (Annual Scheme) — 2017-18 & onwards
Paper-I: Systems and Theories of Psychology
Paper-II: Cognitive Psychology
Paper-III: Physiological Psychology
Paper-IV: Statistics and Research Methods
Paper-V: Practicals/Experiments
2. M.A. / M.Sc. Final (Annual Scheme) — 2018-2019 & onwards
Compulsory Papers (Two):
Paper-I: Applications of Psychology
Paper-II: Social Psychology
Optional Papers (Two)
Group-A: CLINICAL
Paper-III: Fundamentals of Clinical Psychology
Paper-IV: Personality
OR
Thesis
Paper-V: Practical/ Testing
Group-B: VOCATIONAL
Paper-III: Guidance and counselling.
Paper-IV: Vocational Psychology
OR
Thesis
Paper-V: Practical/ Testing
Group-C: INDUSTRIAL
Paper-III: Industrial Psychology
Paper-IV: Organizational Psychology
OR
Thesis
Paper-V: Practical/ Testing
Group-D: ENVIRONMENTAL
Paper-III: Ecological Psychology
Paper-IV: Population Psychology
OR
Thesis
Paper-V: Practical/ Testing

प्रबन्धी अधिकारी
अकादमिक-प्रशासन

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M.A./M.Sc. Final (Annual Scheme)

Compulsory Papers (Two)

Paper-I:

Applications of Psychology

Section-A

1. Introduction : The Trends towards Applications. Meeting Society's Needs; Making Psychology Relevant.
2. Research Methods Used In Applied Settings : Designing Research, Multiple Variable Designs; Correlational Designs. Single Case and Small N Designs. Process Analysis; Critical Incident Techniques. Analysis of Results.
3. Psychology and Education: Role of Psychologists in School System; Measurement and Evaluation; Educational Technology, Behaviour Modifications in the Class Room.

Section-B

4. Psychology of Counselling and Career development : Types of counseling; Uses of Psychological Tests in Counselling; Evaluating the effectiveness of Counselling Occupation as a way of Life; Classifications of Occupations, Career Decisions and Development.
5. Psychology in Industrial settings and Business; Role of Industrial and Organizational Psychologists; Job Activities, Work Settings; Personnel Psychology; Organizational Development, Engineering Psychology, Types of Design Decisions.
6. Consumer Psychology : Nature and Functions, Consumer Inputs; Information Reception; Memory Systems; Consumer Decision-making; Personal Factors.


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अकादमिक-प्रथम



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Section-C

7. Psychology in Community Settings : Clinical Psychology-Clinical Practice, Appraisal and Interventional Procedures, Community Psychology-Principles and Methods of Community Intervention, Crisis Intervention, Consultation and Mental Health Education, Health Psychology-Psychology in Medical Practices, Psychology in Health Research and Behaviour Medicine.
8. Environmental Psychology: Nature of Environmental Psychology, Effect of Environmental Conditions on Behaviour, Human Factors in Environmental Design.
9. Psychology and Law : Psychology and Judicial Process, Psychological Factors in Antisocial Behaviour, Role of Psychologists in Criminal Justice System, Policy Formation and Development of Laws.

Books Recommended:

- Gregory, W.L. and Burroughs, W.J. : Introduction to Applied Psychology, Illinois Scott, Foresman and Co.
- Anastasi, Anne. (1979) : Fields of Applied Psychology, International student edition (2nd Ed.), Tokyo, McGraw Hill, Kotakusha.
- Korchin, S.J. (1976) : Modern Clinical Psychology, Basic Box Inc. Publishers, New York.
- रस्तोगी, घनश्यामदास (1992) : आधुनिक व्यवहारिक मनोविज्ञान, हरप्रासाद भार्गव, आगरा.

Paper-II:

Social Psychology

Section-A

1. Theoretical Orientation Of Social Psychology, Social Psychology As A Science, Application Of Social Psychology, Methods Of Social Psychology.

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2. Aspects Of Social Identity-Self Perception, Self Concept, Self Esteem, Functions Of Self, Self And Gender, Gender Identity.
3. Socialization- Agents Of Socialization, Process And Outcome Of Socialization.

Section-B

4. Person Perception – Meaning, Attribution Process, Importance of Non-Verbal Communication, Non-Verbal Leakages, Judgment of Deception
5. Attitudes and Prejudices-Meaning and Theories of Attitude Change, Origin of Prejudices, Cognitive Basis of Prejudice, Techniques to Control Prejudice
6. Social Influence – Conformity, Nature and Characteristics of Conformity, Counter Conformity and Independence, Factors Effecting Conformity, Theories of Conformity, Compliance – Meaning and Nature of Compliance, Principles of Compliance. Obedience – Basis of Obedience, Experimental Studies of Obedience.

Section-C

7. Aggression and Social Violence – Theoretical Approaches to Aggression, Meaning, Sources and Behaviours Related to Aggression, Aggression Management.
8. Inter Group Conflict – Development and Persistence of Intergroup Conflict, Impact of Inter Group Conflict, Resolution of Intergroup Conflict.
9. Personal Relationship – Family Interaction and Close Relationship, Romantic Relationship, Love and Physical Intimacy, Marital Relationship, Interdependence, Self Disclosure, Intimacy, Balance of Power and Conflict, Darker Side of Relationship and Aging.

Books Recommended:

- Robert A Baron, Donna Byrne Social Psychology 11th edition Pearson education.
- Shelly E. Taylor, Letia, Annepeplace. David, O Sears Social Psychology 12th edition Pearson education.
- Mohammed Suleiman Uchatar Samaj Manovigyan, Delhi, Motilal Banarsi Das.



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- Arun Kumar Singh Samaj Manovigyan Ki Rooprekha, Delhi, Motilal Banarsi Das.
- Delamater Myers Social Psychology Thompson edition.

Optional Papers (Two)

GROUP-A : CLINICAL

Paper-III:

Fundamentals of Clinical Psychology

Section-A

1. Nature and Problems of Clinical Psychology : Brief History of Clinical Psychology; Current Status of Clinical Psychology. Role of Clinical Psychologist, Professional Ethics, Training Responsibilities of Clinical Psychologists, Future of Clinical Psychology.
2. Nature of Mental Health : Concepts of Normality and Pathology, Scott Criteria, Idealistic Conception of Mental Health, Models of Mental Health Interventions.
3. Clinical Assessment : Nature and Purpose - Informal Assessment and Clinical Relationship, Formal Assessment - Interview, Case History, Psychological Testing : General Principles and Tests in Clinical Use.

Section-B

4. Psychotherapies : Definitions, Differences from Counselling, Supportive, Re-Educative and Re-Constructive Psychotherapies.
5. Client-Centred psycho Therapy, Logotherapy, Cognitive Therapy, Gestalt Psychotherapy.
6. Psycho-Analytic Psychotherapy, Hypnotherapy, Psychodrama, Group Psychotherapy and Transactional Analysis.

Section-C

7. Behaviour Therapy and Behaviour Modification : Definition, Origins, Comparison of Traditional Psychotherapy and Behaviour Therapy Assumptions

6

8. Systematic Desensitization, Variants of Systematic Desensitization, Flooding and Implosive Therapy.
9. Contingency Management, Token Economy, Aversion Therapy, Modeling and Self-Control Method.

Books Recommended:

- Korchin, S.J. (1976) : Modern Clinical 'Psychology Tokyo, Harper International Edition.
- Wolman (1965) : Handbook of Clinical Psychology, New York, McGraw Hill.
- Kendall and Norton-Ford (1980) : Modern Clinical Psychology, New York, Wiley.
- Kaplan H.I. and Sadock, B.J. : Comprehensive Text Book of Psychiatry (5th Ed.) Baltmors, Williams and Wilkins.
- Welberg, L.R. (1988) : Techniques of Psychotherapy, 1989 (4th ed.) Vol. I and II, New York, Grune and Stration.
- Wope, J. and Lazarus A. (1958) : Behaviour Therapy Techniques, New York, Pergamon Press.
- Rimm, D.C. and Masters, J.S. (1979) : Behaviour Therapy, New York, Academic Press.
- Wolpe, J. (1969) : The Practice of Behaviour Therapy, New York.
- Patterson, C.H. (1989) : Theories of Counselling and Psychotherapy, New York, Harper and Row.

Paper-IV:

Personality

Section-A

1. Nature of Personality, Basic Issues of Personality : Individual Versus Individual Differences, Heredity Versus Environment, Abnormal Vs. Normal Personality.

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Unconscious, Self, Uniqueness, Gender, Situations, Culture, Self Concept, Self Identity and Self Esteem.

2. Psycho-social and Cultural Determinants of Personality.
3. Stress, Adjustment and Health Differences, Cultural and Ethnic Differences, Gender Differences in Personality from Eight Perspectives.

Section-B

4. Personality Assessment : Observational Method, Interview, Self Report Tests, Rating Scales, Q Sort Technique, Semantic Differential Technique.
5. Personality Inventories : MMPI, 16 PF, EPQ, Jenkin's Type-A and Type-B.
6. Projective Techniques : Rorschach Test, TAT, SCT, WAT and other Projective Measures.

Section-C

7. Psycho Analytic Theory: Freud, Jung, Personality Theories by Adler, Horney, Fromm and Sullivan.
8. Humanistic Theories: Rogers, Maslow, S.R. Theories: Dollard and Miller, Bandura's Reinforcement Theory.
9. Trait and Type Theories: Allport, Cattell, Eysenck, and McCrae and Costa.

Books Recommended:

- Hall and Lindzey: Theories of Personality, John Wiley, New York (the latest edition).
- Friedman, H.S. and Schustack, M.W.: Personality (2006), Person Education.
- Anastasi, A., *Psychological Measurement and Assessment*.
- The matter of Section-B may be taken from the manuals available.

OR

THESIS

Paper-V:

Practical/ Testing

1. Differential Aptitude Test
2. Study of consumer Behaviour
3. Educational Aspirations
4. Study of Home Environment
5. Social Perception
6. Leadership
7. Attribution style
8. Picture Frustration Test
9. Assessment of Mental Health.
10. MMPI
11. Crisis Intervention
12. Modifying Maladaptive Behaviour through any Behaviour Modification Technique
13. Rorschach Test
14. TAT
15. EPI
16. 16 PF

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अकादमिक-प्रथम

11

GROUP-B : VOCATIONAL**Paper-III:****Guidance and Counselling****Section-A**

1. Meaning and Definition of Guidance, Aims and Importance of Guidance, Basic Principles of Guidance, Types of Guidance, Group Guidance.
2. Psychological Bases of Guidance : Intelligence, Aptitude, Interest, Personality.
3. Organization of Guidance Services, Follow-up Services in Guidance, Evaluation of Guidance Services.

Section-B

4. Guidance Services in Schools ; Importance, Scope and Problems, Educational and Vocational Guidance.
5. Techniques of Collecting Information about the Individual for Guidance and Counselling.
6. Sources of Occupational Information.

Section-C

7. Approaches and techniques of Counselling, Expectancy and Goals of Counselling.
8. Characteristics of the Counselee and Counselor.
9. Counselling Content, Process and Behavioural Counselling.

Books Recommended:

- Paterson: Theories of Counselling and Psychotherapy, (Harper 1989)
- Frusten, J.M.: Psychological Counselling in India, Mumbai: McMillon.
- Bordin. E.S. (1968) : Psychological Counselling, IInd Edition, McGraw Hill.

- Osipow, S.M. and Walshaw: Behaviour Change in Counselling Readings.
- Adams. J.F.: Problems in Counselling.
- Jones. A.J. (1970) : Principle of Guidance, Sixth ed., McGraw Hill, New York.
- Mayers, G.E. : Principles and Techniques of Vocational Guidance, McGraw Hill, New York.
- Humphreys, H.A. and Traxler Q.E. (1954) : Guidance Services, Science Research Associates, Chicago.
- Rao, S.N. (1992) : Counselling Psychology, Tata McGraw Hill, New Delhi.
- Pesricha (1976) : Guidance and Counselling in Indian Education, New Delhi, N.C.E.R.T.

Paper-IV:

Vocational Psychology

Section-A

1. Historical Antecedents of Vocational Psychology.
2. Psychoanalytic Concept of Career Choice; Personality and Career.
3. Social System and Career Choice; Choice Satisfaction and Performance of Work Roles.

Section-B

4. Definition of Vocational Choice, Measures of Vocational Choice, Individual differences in Vocational Choice.
5. Problems in Vocational Choice : Indecision in Vocational Choices, Unrealism in Vocational Choice, Vocational Choice as a Developmental Process, Stages in Development of Vocational Choice.
6. Vocational Adjustment : Vocational Adjustment in Relation to General Adjustment.

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Section-C

7. Ginzber's Theory and its Limitations; Elements or Adequate Theory of Vocational Development Propounded by Super's Theory.
8. Holland's Vocational Choice Theory, Roe's Theory : Early Determinants of Vocational Choice.
9. Vocational Development: Staffers' Ten Propositions in Search of a Theory, Delarley and Hagennah's Theory.

Books Recommended:


- Brites, J.D. (1968) : Vocational Psychology : A study of Vocational Behaviour and Development, McGraw Hiss Book Co., New York.
- Gsipow (1968) : Theories of Career Development N.Y. Appleton Century.
- Hopson, B. and Hayes J. : The Theory and Practice of Vocational Guidance.
- Vroora, Y.H. (1978) : Work and Motivation, New Delhi, E. Willey Eastern Ltd.

OR
THESIS

Paper-V:

Practical/ Testing

Section-A

1. Differential Aptitude Test
 2. Study of Consumer Behaviour
 3. Educational Aspirations
 4. Study of Home Environment
 5. Social Perception
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7. Attribution Style
8. Picture Frustration Test

Section-B

9. Interview Schedule
10. Study Habit Testing
11. Clerical Aptitude Testing
12. Scientific Aptitude Test
13. Work Motivation Test
14. Job Involvement Test
15. Job Satisfaction Test
16. Work Aptitude Test.

GROUP-C: INDUSTRIAL

Paper-III:

Industrial Psychology

Section-A

1. The role of psychologist in industry, The Field of Occupational Psychology: Study of Behaviour in work situation and Applications of Psychological Principles to Problems of Selection, Placement, Counselling and Training.
2. Design of Work Environment:
 - (1) Human Engineering and Physical Environment Techniques of Job Analysis
 - (2) Social Environment-Group Dynamics in Industry
3. Personnel Psychology : Selection, Training, Placement, Promotion, Counselling, Job Motivation.

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Section-B

4. Special Study of Problem of Fatigue, Boredom and Accidents.
5. Consumer Behaviour, Study of Consumer Preferences, Effects of Advertising
6. Industrial Morale.
7. The Nature and Scope of Engineering Psychology, its Application to Industry.

Section-C

8. Efficiency at Work : The Concept of Efficiency, Work Curve, its Characteristics.
 - (a) Work Methods; Hours of Work, Nature of Work, Fatigue and Boredom, Rest Pauses
 - (b) Personal Factors; Age Abilities, Interest, Job-satisfaction,
 - (c) Working Environment : Noise, Illumination, Atmospheric Conditions.
 9. Increasing Efficiency at Work; Improving the Work Methods :
 - (a) Time and Motion Study, its Contribution and Failure; Resistance to Time and Motion Studies, Need for Allowance in Time and Motion Study.
 - (b) Work and Equipment Design : Criteria in Evaluation of Job-related Factors, Job Design, Human Factors, Engineering Information, Input Processes, Mediation Processes, Action Processes, Methods, Design, Work Space and Arrangement, Human Factors in Job Design.
 10. Accident and Safety : Human and Economic Costs of Accidents, Accident Record and Statistics, Causes of Accidents, Situational and Individual Factors related to Accident Reduction.
2. Study of Consumer Behaviour
3. Educational Aspirations

Books Recommended:

- Tiffin J. and McCormic E.J. (1975) : Industrial Psychology, (Prentice Hall), 6th Ed.
- McCormick E.J. (1976) : Human Factors Engineering and Design (McGraw Hill), 4th Ed.
- Mair, N.R.F. : Principles of Human Relations
- Glimer : Industrial Psychology
- Ghiselli and Brown : Personnel and Industrial Psychology.
- Dunnette, M.D. : Handbook of Industrial and Organizational Psychology.
- Blum and Taylor : Industrial Psychology.

Paper-IV:**Organizational Psychology****Section-A**

1. Introduction : Roots of Organizational Psychology, Multidisciplinary Approach, Theories : Classical, Neoclassical and Modern, Theory X, Theory Y, Theory Z.
2. Organizational Structure : Horizontal and Vertical Systems Approach, Groups, Types, Job Design.
3. Communication in Organizations : Process, Models, Networks, Interpersonal, Intergroup and Intergroup Communications, Effective Communication Management, Informal Communication.

Section-B

4. Decision-Making Process : Types, Characteristics, Organizational Decision-Making System, Techniques for Improving Decision-Making, Behavioural Implications.
5. Leadership : Researches : Classical and Modern, Power and Authority, Supervision and Participating Management; Effective Leader Behaviour.

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75

6. Organizational Culture and Climate : Concept, Measurement, Practical Applications of the Concept.
7. Work Motivation and Performance : Need Theories, Models of Work Motivation, Managerial Motivation.

Section-C

8. Organizational Development: Organizational Change Processes, Approaches and Techniques, Transactional Analysis.
9. Organizational Conflict : Conflict and its Measurement, Organizational Analysis, Diagnostic Approaches, Consultant's Role, Resolution Strategies.
10. Organizational Stress : Stressors, Reactions to Stress, Stress Management.

Books Recommended :

- Robbins: Organizational Behaviour.
- Schein, Edgar H. (1990) : Organizational Psychology, Prentice Hall of India, N.D.
- Luthans, F. (1987) : Organizational Behaviour, N.Y. McGraw Hill.
- Pareek, U. and Rao, T.V. (1981) : Behavioural Process in Organizations, N.D. and Oxford.

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Paper-V:

Practical/Testing

Section-A

1. Differential Aptitude Test
2. Study of Consumer Behaviour
3. Educational Aspirations

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4. Home Environment
 5. Social Perception
 6. Leadership
 7. Attribution Style
 8. Picture Frustration Test

Section-B

9. Study of Fatigue
10. Work Motivation Test
11. Job Satisfaction Test
12. Study of Employee Morale
13. Organizational Climate
14. Study of Needs (n-ach, n-power, n-aff), through TAT
15. Measurement of Occupational Stress
16. Interpersonal Trust Scale

GROUP-D: ENVIRONMENTAL

Paper-III:

Ecological Psychology

Section-A

1. Introduction : Issues of Ecological Psychology, Models of Men-Environment Relations.
2. Ecological Factors and Ethological Observations; Problems in Comparing Effects of Environmental Changes in Different Age Levels.

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3. Cognitive Development : Spatial Representations, Architectural Design and Behaviour Protection of Environment.

Section-B

4. Child Development and Environment : Changes in response to Crowding and Congestion, Environment Fit for Developing Child, Thinking of Child in Additional Environment.
5. Home Environment : Mother and Infant Communication System, Effect of Socio-Economic Conditions of Family.
6. Adverse Social Environment : Effect on early Child Development, Causes of Psychiatric Disorders due to Ecological Factors.

Section-C

7. The Ecological Perspectives in Cross-Cultural Psychology, Relevance of Cross-Cultural Psychology in Ecological Perspectives.
8. Personal Space and Territoriality : Situational and individual Determinants of Personal Space; Consequences of Size and Space, Consequences of Invasion of Space.
9. Environmental Stress : Effect of Technology, Noise; Pollution, Crowding in Urban Ecology.

Books Recommended:

- McGurk, Harry (Ed.) (1978) : Ecological Factors in Human Development, North Holland Publishing Company, Amsterdam, Oxford.
- Krasner, L. (Ed.) (1980) : Environmental Design and Human Behaviour, Pergamon, Human Press, N.Y.
- Evans, G.W. (1982) : Environmental Stress, Cambridge Press.
- Fisher, J.D. et al (1978) : Environmental Psychology, N.Y., W.B. Saunders Col.

Faul, A. et al (1978) : Environmental Psychology, N.Y., W.B. Saunders Co.

Paper-IV:

Population Psychology

Section-A

1. Introduction : Nature and Scope of Population Psychology, Concern for Population Explosion, Models of Population Explosion.
2. Impact of Population Growth, Role of Social and Behavioural Scientists in Population Control, Hindrances in Population Control.
3. Effects of Population Density, Ethological and Psychological View Points.

Section-B

4. Psychology of Deprivation: Effects on Health, Food Supply, Employment, Housing, Migration, Urban Stress.
5. Indicators of Fertility - Cultural, Psychological, Economic and Geographical Factors.
6. Indicators of Morality : Life Expectancy, Factors of Morality.

Section-C

7. Population Planning : Inbreeding Imbalances, Ecological Factors in Promoting Population Control, Family Planning and Population Control, Motivation to Birth Control and Education for Population Control.
8. Population Growth and Quality of Life : Notions of Q.O.L., Correlates of Q.O.L., Productivity and Q.O.L. Effects of Population Growth on Q.O.L.
9. Community Health System : Determinants Of Community Health and Societal Well-Being, Community Health in Industrial, Rural and Urban Settings, Influence of Social Support Systems on Well-Being, Methods to Enhance Psychological Well-Being.

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Books Recommended:

- Reid, S.I. and Lyon, D.L. (1972) : Population Crisis: Interdisciplinary Perspective, Illinois, Scott. Foreman.
- Agarwal, N. (1985) : India's Population Problems (3rd ed.), New Delhi: Tata McGraw Hill.
- Rao, T.V: (1981) : "Psychology of Population and Family Planning," in Uday Pareek's (Ed.) 'Survey of Research in Psychology', Vol. 2, Mumbai; Popular Prakashan.

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THESIS

Paper-V:

Practical/Testing

Section-A

1. Differential Aptitude Test
2. Study of Consumer Behaviour
3. Educational Aspirations
4. Home Environment
5. Social Perception
6. Leadership
7. Attribution style
8. Picture Frustration Test

OR

Thesis

Paper-V

Practical/ Testing

Psychology As A Science.

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[21]

Section-B

9. Child Cognition Study
10. Parent Child Relation
11. Effects of crowding
12. Noise Sensitivity Scale
13. Attitudes toward Family Planning
14. Emotional Problems Following Family Planning Methods
15. Assessment of Life Satisfaction
16. Modernization Attitude Scale.


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